

SAU 73 Wellness Committee

Meeting Minutes

May 15, 2018

Gilford High school

Present – Kirk Beitler, Meg Jenkins, Tim Goggin, Deb Wheeler, Karen Thurston, Gerron Belanger, Shannon Gately. Absent: Monica Sawyer, Jonathan Dupuis, Terry Wilson.

The minutes from the April 3, 2018 meeting were approved.

Unified PE

Discussed ensued regarding a Unified PE visit to Exeter or Dover in June 2018.

Chronic Medical Issues

Meg Jenkins is meeting with a group of kids with chronic medical issues (allergies).

Caring for Kids

Meg Jenkins will visit Caring for Kids next week. She will bring the concussion policy with her to the meeting. Students will have easier access for sports physicals and immunization information.

Clear Choice in Belmont is a place where students can get sports physicals as well.

GHS Wellness Center Update

Monica would like to start next year on a small scale to begin and then build the Wellness Center. There is a Grant through Jim Bianco's office. Discussion also ensued regarding reaching out to the PTA and Rotary.

Unified Discussion

Discussion ensued regarding the expansion of the Unified Club at the middle school and adding another sport.