

SAU 73 WELLNESS COMMITTEE MEETING

March 8, 2017

Present – Kirk Beitler, Rae Mello-Andrews, Tim Goggin, Kim Dubuque, Deb Wheeler, and Terry Wilson.

Absent – Meg Jenkins, Jennifer Valentine, Alexander Muthersbaugh and Ryan Hamel

Kim Dubuque updated –

There will not be a sunset on the sodium regulations of the Final Rule of “Nutrition Standards in the National School Lunch and School Breakfast Programs”

Target 1 has us at less than 1,420 mg per day level 9 -12

Effective 7/1/17 the new level is less than 1,080 per day and effective 7/1/22 less than 740.

Discussion ensued regarding the reduction of sodium in ketchup and reaction from students.

Kim also gave a brief overview of NSLP menu planning and smartsnack regulations as well as the process involved meeting those regulations.

The students on the committee will meet privately with Kim Dubuque as they were unable to attend today.

Deb Wheeler mentioned the Biometric Screening on April 5, and if anyone knows of anyone not signed up yet, to please encourage them to do so.

Next meeting is May 17, at 7:00 AM at GHS